



Angel House Australia Positive Behaviour Supports Policy and Procedure

Angel House Australia is committed to providing Positive Behaviour Supports (PBS) that align with the NDIS Positive Behaviour Framework and Practice Standards. Our goal is to enhance the quality of life of participants by reducing the frequency and severity of challenging behaviours through evidence-based interventions and ethical practices.

Policy Statement

Angel House Australia aims to provide individualized Positive Behaviour Supports to participants, focusing on proactive strategies and evidence-based practices. We are dedicated to understanding the underlying causes of challenging behaviours and implementing interventions that promote positive outcomes and enhance the participant's quality of life.

Key Principles

- Person-Centred Approach: Supports are tailored to the individual needs, preferences, and goals of each participant.
- Evidence-Based Practices: Interventions are based on the best available evidence and current best practices in the field of behaviour support.
- Collaborative Planning: Families, caregivers, and other stakeholders are involved in the planning and implementation of behaviour support strategies.
- Proactive and Preventative Strategies: Focus on preventing the occurrence of challenging behaviours through environmental modifications and skill-building.
- Respect and Dignity: Participants are treated with respect and dignity, and their rights are upheld at all times.

Procedures

Assessment and Planning

- Conduct comprehensive functional behaviour assessments to identify the underlying causes of challenging behaviours.
- Develop individualized behaviour support plans (BSP) that outline specific strategies and interventions.
- Set measurable goals and outcomes for behaviour support.

Implementation of Supports

- Provide training for staff on the implementation of behaviour support plans.
- Ensure that all interventions are carried out consistently and as outlined in the BSP.



- Utilize positive reinforcement and other evidence-based strategies to promote desirable behaviours.

Monitoring and Review

- Regularly monitor the effectiveness of behaviour support interventions.
- Collect and analyze data on behaviour changes and outcomes.
- Review and update behaviour support plans as needed to ensure they remain effective and relevant.

Training and Development

- Provide ongoing training and professional development for staff on positive behaviour support practices.
- Encourage staff to stay updated on the latest research and best practices in behaviour support.

Collaboration and Communication

- Engage families, caregivers, and other stakeholders in the planning and implementation of behaviour support strategies.
- Maintain open and regular communication with all parties involved in the participant's care.

Regulated Restricted Practices

Angel House Australia is committed to minimizing and eliminating the use of restricted practices in line with the NDIS Positive Behaviour Framework and Practice Standards. Regulated restricted practices include:

Seclusion

The sole confinement of a person with disability in a room or a physical space at any hour of the day or night where voluntary exit is prevented, or not facilitated, or it is implied that voluntary exit is not permitted.

Chemical Restraint

The use of medication or chemical substance for the primary purpose of influencing a person's behaviour. This does not include medication prescribed for the treatment of a diagnosed mental disorder, a physical illness, or a physical condition.

Mechanical Restraint

The use of a device to prevent, restrict, or subdue a person's movement for the primary purpose of influencing a person's behaviour, excluding devices used for therapeutic or non-behavioural purposes.

Physical Restraint

The use or action of physical force to prevent, restrict, or subdue movement of a person's body, or part of their body, for the primary purpose of influencing their behaviour. This does



not include hands-on techniques used reflexively to guide or redirect a person away from potential harm/injury.

Environmental Restraint

Restricting a person's free access to all parts of their environment, including items or activities.

Compliance with NDIS Practice Standards

Angel House Australia ensures that all Positive Behaviour Supports are in compliance with the NDIS Practice Standards, including:

- Person-Centred Supports
- Individual Values and Beliefs
- Privacy and Dignity
- Independence and Informed Choice
- Violence, Abuse, Neglect, Exploitation and Discrimination

Conclusion

Angel House Australia is dedicated to providing high-quality Positive Behaviour Supports that align with the NDIS Practice Standards. Through a person-centred, evidence-based approach, we strive to enhance the quality of life for our participants and support them in achieving their goals.